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Making sense of yourself & the world you live in.



Week 7: Someday You Will Find the One

Primary Passage: 1 Corinthians 7:6-9

Related Passages: 1 Corinthians 7:10-13, 1 Corinthians 7:22-25, Ephesians 5:25-33, Genesis 29, Philippians 4:11-12

"No spouse can complete you. Don't look for a spouse to do what only Jesus can. Even if it were true that there is one person out there for you, isn't it possible that someone messed up the whole relationship order? ... I mean, if just one person married the wrong spouse back in the day -- the whole system's broken... So quit looking for 'the one.' You have a better chance of finding an Oompa Loompa riding a unicorn, fighting Bigfoot."

- Matt Chandler, The Mingling of Souls

LifeGroup Study Guide:

Read and Recap: Have someone recap the highlights from this week's sermon.

- Where do you see culture overtly or subtly preaching that "one day you will find the one"? (Consider how movies, books and tv shows portray people as incomplete outside of finding romantic love)

For married people: Read Proverbs 18:22, 1 Corinthians 7:1-4 and 10-11. What commands and benefits do these passages point out about marriage? Which of these are the hardest for you to obey or embrace? Why?

- Do you see any ways the cultural idea that your spouse is supposed to be "the one" makes marriage more difficult? How so?
- Where do you find yourself most tempted to compare your spouse to others? How are you fighting to intentionally pursue your spouse as your "one"?

For single people: Read 1 Corinthians 7:32-35. What commands and benefits do these passages point out about singleness? Which of these are the hardest for you to obey or embrace? Why?

- Have you created an ideal person that you are hoping to find before you finally "settle down"? If so, describe him or her to your group.



- Which of your fantasy spouse's characteristics are Biblically important? Which aren't? What are the dangers of having a fantasy spouse at all?
- What overt/external or more subtle/internal sin struggles expose that you are believing the cultural idea that "one day you will find the one" more than the gospel truth that you are complete in Christ?

Read Genesis 29:15-35. What insights stand out to you from this narrative? How are each of Jacob, Rachel and Leah disappointed by romance idolatry?

- How does Leah find redemption (as evidenced in v. 35)? What does repentance and growing in gospel faith look like for you? How can we encourage you?

Pray that our church family (single and married) would be able to see through the lies and false promises of romance idolatry.

Pray that all of us finding our completeness and satisfaction in the Lord would free us up for beautiful, healthy singleness and marriages.