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Making sense of yourself & the world you live in.

Week 1: You Need to Find Yourself

Primary Passage: Colossians 2:1-10

Related Passages: Matthew 5, Acts 17:16-31, Ephesians 1:1-14,

Colossians 3:1-4.

"What comes into our minds when we think about God is the most important thing about us."

- A.W. Tozer

LifeGroup Study Guide:

Recap: Have someone from your Lifegroup read Colossians 2:1-10 and recap the highlights from this week's sermon. The first belief we are looking at is our assumed basis for identity formation: "You need to find yourself."

- How often do you hear people or messages telling you that you need to look inward to find yourself? What other ways have you heard this belief expressed?
- What seasons in your life have been the most identityforming for you?

Reread Colossians 2:1-2, 6-7 and 9-10. What specific phrases does Paul use to say what he desires for these Christians? To what extent do these phrases describe your life?

Read Colossians 3:1-4. Are you primarily looking inward or upward for your sense of identity?

In the sermon, we talked about four sources of identity we look inward for: 1) We are what we do. 2) We are what we have. 3) We are who we have. 4) We are our desires.

- Which of these are you most tempted to build your identity on? Give examples.
- What are inherent weaknesses in building your identity in this way?
- What steps of repentance do you need to take and how can we help?

Pray that our church family would be individually and communally rooted in the unshakeable love of Jesus.

Pray that our friends, family members, neighbors and coworkers would see in us the solid identity that Jesus offers as a gift.