



Wisdom and Sex

CATCH UP ON LIFE:

We want to update each other on what Jesus has been up to in our lives since we last saw each other: what we're celebrating, what we're mourning, what decisions we are praying through, and where we've seen Jesus at work. ([1 Thessalonians 2:8](#), [Romans 12:10](#) and [15](#))

Suggested time: 20-30 minutes

- When were you most aware of Jesus' presence this week?
- When were you least aware of Jesus' presence this week?

REVIEW THE MISSION:

Just like God the Father sent Jesus on mission for us, Jesus sends us out on mission for others. So as a LifeGroup, we always want to invite our neighbors in, share Jesus with them, make disciples, and eventually plant a new LifeGroup so more people can come to know Jesus in our city. ([Matthew 28:18-20](#), [John 20:21](#) and [2 Corinthians 5:18-20](#))

Suggested time: 10-20 minutes

1. People:

- Reactive - Who in your life (neighbors, coworkers, kids, friends, etc.) can we pray for? Who has God put around you that is showing spiritual interest? Who is hurting and could use some love from our group?
- Proactive - Who are the people we are intentionally living on mission with (neighbors, STC partner organizations, or a specific demographic in Columbia)? What are our plans to love, serve, and build relationships with this group?

2. Plan: Are there any rhythms in place or a different rhythm we could plan to create for these friends to connect with our group?

Pray: Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

SERMON DISCUSSION:

God uses His Word to reveal Himself, equip us to live the good life, and strengthen us as we follow Him. We preach the Word on Sundays and apply it as a LifeGroup throughout the week. ([2 Timothy 3:16-17](#), [Titus 2:11-12](#) and [James 1:22](#))

Suggested Time: 20-40 minutes

I. Scripture Discussion

(Disclaimer: Due to the content this week, if you're in a co-ed group, we suggest splitting up at this time.)

Read [Proverbs 5:1-23](#) and [Proverbs 7:6-26](#) out loud. Spend some time silently reflecting and journaling the following questions as a LifeGroup. (These questions can be used with any passage of the Bible to study on your own.)

- What stands out from the passage?
- What does the passage reveal to us about God?
- What does the passage reveal to us about people?

Share with one another what you thought and wrote about.

II. Sermon Discussion

What stood out from the sermon that was beneficial for you? Why is that?

In the sermon, we gave three applications of the passage:

1. Delighting in your spouse
2. Guarding your path
3. Recognize the lies
4. Run to God, not from Him

If married, how is your marriage doing? Would you say you're delighting in your spouse? Is there any relational conflict?

Practically, how are you "guarding your path" when it comes to sexual temptation? Are there areas where you aren't guarding that you need to?

When it comes to sex, what lies do you see or are led to believe? What verses come to mind to fight against those lies?

In the sermon, we discussed how we often look for what's lacking in our relationship with God in other places. For you, how does this apply to sexual temptation? What does it mean for you to turn to God in this area of your life?

If married, what conversations do you need to initiate with your spouse?

Do any questions come to mind regarding the text/topic? **If you have a question, text it to 855-855-0655.** Throughout the year, we'll choose a few of the texts we've received to discuss and answer on our podcast.

ENGAGE THE HEART:

Jesus calls us to abide with Him and confess our sins to God and each other. Through confession and community, God's Spirit works to lead us to repentance and walk further in the light. ([John 15:4, 1 John 1:8-9, James 5:16, and 1 John 1:5-10](#))

Suggested Time: 20-40 minutes

Formation - How are you doing abiding with Jesus in Scripture and prayer? What's He teaching you this week?

Confession - What sin(s) do you need to confess to God? What are you struggling to trust Jesus with this week? How can you give Him control of it?

Consider using the [Gospel Fluency Tool](#) or the [Digging Deeper chart](#) as people share.

Celebration - Where have you seen victory over sin in the last week? Where have you recently been encouraged in your walk with Jesus?

Pray: James tells us that a community that regularly confesses sin and prays for each other will see a lot of healing. Confess your sins to God in prayer and pray for each other. **Pray** for the Spirit to work in you as you take steps of repentance.